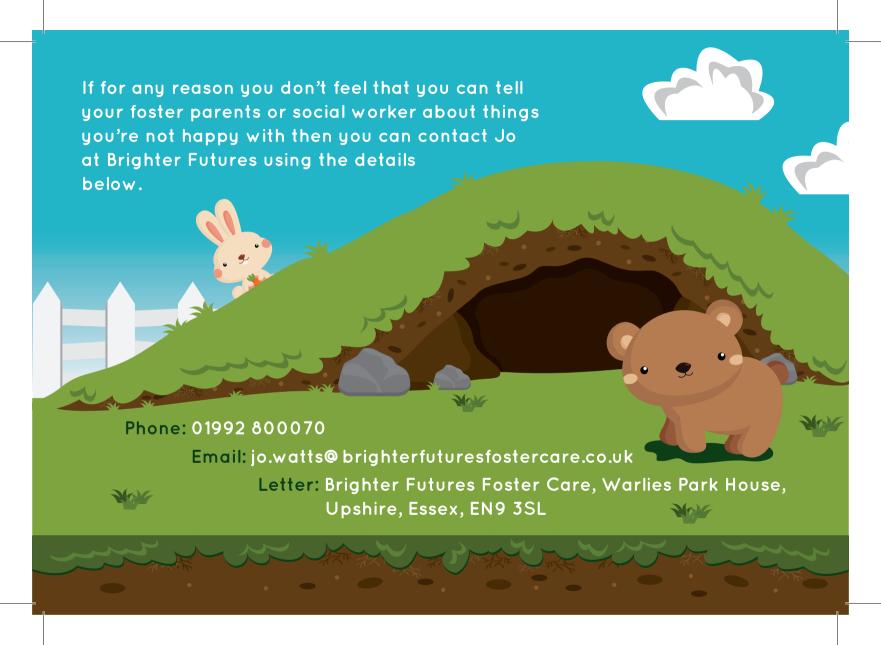




Brighter Futures understands that sometimes you may find your past hard to deal with. At times you might feel:



But don't worry, your foster parents and Brighter Futures will make sure you have someone there for you if you need to talk about anything.











Ofsted is the Office for Standards in Education, Children's Services and Skills. They check that we are doing our best for you. www.gov.uk/government/organisations/ofsted





Coram Voice helps children to hold to account the services that are responsible or their care. www.coramvoice.org.uk



Children's Commissioner offers an advice service.











