

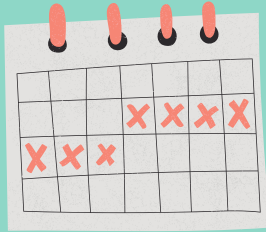
MARCH 2022

CHILDRENS NEWS

FOSTERING SOLUTIONS SOUTH

How are you?

It feels like spring is finally starting, with the sunny weather beginning! Do you have anything you particularly enjoy doing outside in the nice weather? The Easter holidays are coming up very soon, and in this newsletter we have some very exciting activities and recipes for you to try 😊. How has school been for you this term? Anything you really enjoyed? There are lots of pet pictures for you to enjoy in this newsletter, to celebrate national pet month!



UPCOMING DATES IN APRIL:

April - National Pet Month

Friday 1st - April Fools Day

Saturday 2nd - World Autism Awareness Day & Ramadan

Saturday 2nd - Children's Book Day

Sunday 10th - Siblings Day & Palm Sunday & Ram Navami

Monday 11th - National Pet day

Friday 15th - Good Friday & Passover

Sunday 17th - Easter Day

Monday 18th - Easter Monday & World Heritage Day

Friday 22nd - Earth Day

Saturday 23rd - St George's Day

Monday 25th - Penguin Day

Wednesday 27th - Yom Hashoah

Star of the month!

This month's Star of the Month goes to LW. He has settled really well with his new carers and has not wet the bed.

We also have a couple of special mentions which go to:

HC who has learnt to swim and has been jumping in the pool when he goes swimming and is getting really confident.

TG who was unable to have contact with his family due to Covid and coped with this really well.

A very well done to all three of you. All of you have had your achievements added to our 'pot of gold' display in the office. A picture of this is later on in the newsletter!

For all your recommendations, competition entries and photos etc please email us on:

adminsouth@fostering solutions.com

Book Recommendations

If you have a favourite book or a book you have particularly enjoyed recently then please do let us know and we can include it in the next newsletter!

Ages 2 +

We are going on an Egg Hunt – a lift the flap adventure

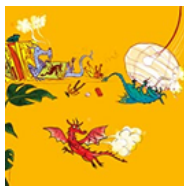
We are going on an egg hunt and we are going to find them all, hoorah for Easter Day!! This book is perfect for young children and the illustrations are so well drawn and spring like. There is also a lot of opportunity for children to interact with this when they lift the flaps and can bring discussions on what they have spotted on the pages and helps with counting 1-10 as well. It is cheery with lots of little surprises along the way, and will add to the excitement of Easter and the joys of an easter egg hunt when they help find the ten eggs.



Ages 6+

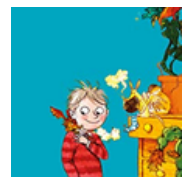
The Boy who Grew Dragons

I wonder if you are growing anything this spring? Or have seen any baby animals on the farms? In this hilarious book Tomas discovers a strange old tree at the bottom of his grandad's garden, but he doesn't think much of it. He takes the funny fruit back into the house - and gets the delight of his life when it hatches... a tiny dragon! Tomas has to learn how to look after Flicker - quickly. And then something extraordinary happens - more dragonfruits appear on the tree. Tomas is officially growing dragons!



BEFORE ATTEMPTING THIS BEWARE!

Dragons are a LOT more trouble than cucumbers...
They may be small and look cute, but they will eat almost anything.
Beware of their poo. Dragon poo is highly flammable.
Prepare to be dazzled. Dragons can see right into your heart.



Fantastic Beasts and Where to Find Them

With the final Fantastic beasts film coming out this month, now is the perfect time to read the first book to refresh your memory! There is both a screenplay which you can read as well as the original guide book. The guide book has lots of detail on the different beasts you can find in the magical world, lots of which you will be able to spot in the films! It includes some of the film favourites such as the niffler.

The screenplay book is great as you get to read parts you may have missed when watching the film. It is such a detailed script and allows you to follow the storyline closely and easily. It is all about Newt Scamander who loves and looks after magical beasts from the wizarding world, he is a magizoologist! On his stay in New York he manages to lose his suitcase of magical creatures, this is when the trouble begins...

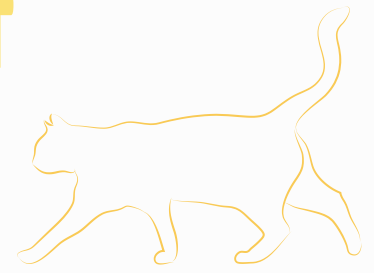
Ages 8+



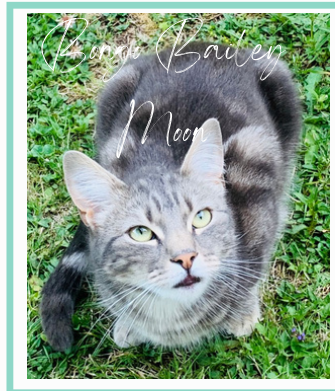
Ages 12+



National Pet Month



April is officially National Pet Month! To celebrate this we have included some of the pets that belong to the staff of Fostering Solutions South 🐱 We would love to see pictures of any animals you have living with you at the moment! Send us your photos and drawings to adminsouth@fosteringolutions.com



Easter Chocolate Slab



With Easter coming up this month, we thought this was a great recipe for the Easter holidays- quick, simple but effective! These could either be made as gifts for Easter or as a way to use up Easter eggs after Easter. They can also be personalised to include your favourite Easter treats. Enjoy! And do share pictures of your baking success with us.

Method

STEP 1

LINE AN A4-SIZED BAKING SHEET WITH PARCHMENT. BREAK THE DARK OR MILK CHOCOLATE INTO A LARGE GLASS BOWL. BRING A SMALL SAUCEPAN OF WATER TO A SLOW SIMMER, THEN SIT THE BOWL ON TOP, MAKING SURE IT DOESN'T TOUCH THE WATER. OVER A LOW HEAT, SLOWLY MELT THE CHOCOLATE, STIRRING ONCE IT BEGINS TO MELT, OR MELT IN THE MICROWAVE IN SHORT BURSTS UNTIL SMOOTH AND GLOSSY.

STEP 2

POUR THE CHOCOLATE ONTO THE PREPARED BAKING SHEET, SPREAD INTO AN EVEN LAYER USING A PALETTE KNIFE, THEN MELT THE WHITE CHOCOLATE FOLLOWING THE SAME METHOD. DOT BLOBS OF THE WHITE CHOCOLATE ON TOP OF THE DARK CHOCOLATE THEN USE A SKEWER TO SWIRL THEM TOGETHER IN ANY PATTERN YOU LIKE.

STEP 3

TOP THE SLAB WITH ANY ASSORTMENT OF TREATS YOU FANCY - THE MORE OUTRAGEOUS THE BETTER. LEAVE TO SET AT ROOM TEMPERATURE TO GET A GLOSSY EFFECT, THEN BREAK INTO SHARDS TO SERVE. WILL KEEP FOR TWO WEEKS IN AN AIRTIGHT CONTAINER.

Ingredients

- 400G DARK OR MILK CHOCOLATE
- 100G WHITE CHOCOLATE
- ASSORTMENT OF EASTER TREATS

This recipe was found on the BBC Good Food page.

BBC
goodfood

ACTIVITIES

Now the weather is getting warmer and the days are getting longer it is a great time to get outside to spend some time in nature. Birds can be heard and spotted and many flowers appear, in turn attracting insects including bees and butterflies. Why not go on a wildlife walk and see what you can find? You can always collect some things from your walk to make decorations from.

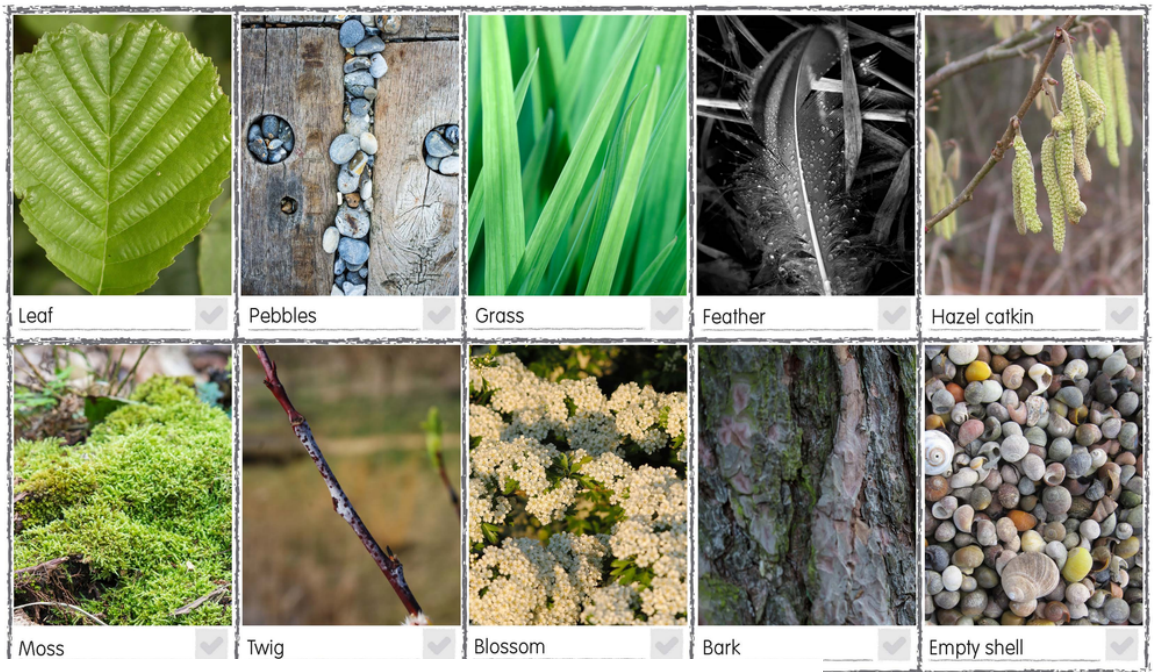
Do take some pictures of the things you find or any decorations you make and email them to us

We'd love to see what you've been up to!

Spring nature treasure hunt



Go on a nature treasure hunt! How many of these things can you find on the ground?



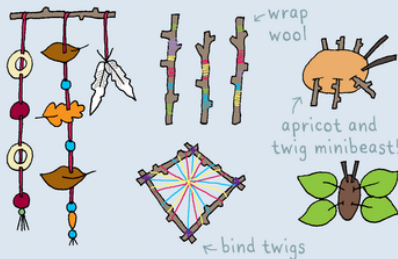
Decorate a tree



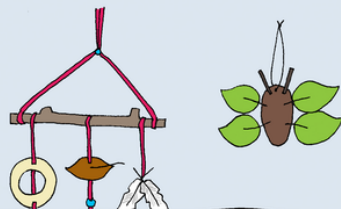
You will need

- Ribbon or string 
- Scissors 
- Natural objects such as twigs, leaves, dried fruit, feathers 
- Coloured wool and beads 

1 Get creative! Use your natural objects to make decorations.



2 Attach the ribbon or string by either tying it around your decoration or by cutting a hole and threading it through.



3 Find a tree! Use your ribbon or string to attach your decorations to your favourite tree.

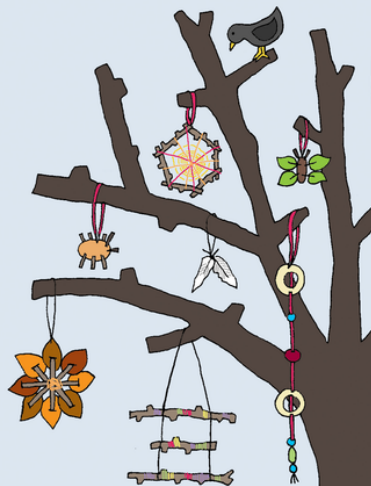


Illustration: Corinne Welch © Copyright Royal Society of Wildlife Trusts 2015

These activities and more can be found on the Wildlife Watch website www.wildlifewatch.org.uk They also have great ideas for days out near you.

Upcoming Events

Look out for an Event Near You.....

**Easter Event- Winchester
Egg hunt, Crafts and Activities**

Thursday 21st April 2022

11.00-1.30pm

3, Copse Poles, Poles Ln, Otterbourne,
Winchester, SO21 2DZ



**Jubilee Afternoon Tea,
Cricket, Team games and Crafts**

Monday 30th May

11.30-3pm

Ardley and Fewcott Hall
Ardley Road, Ardley with Fewcott,
Oxfordshire, OX27 7PA



Games evening

Indoor Board Games and Outdoor Sports

Including Dinner

Friday 6th May 4-6pm

Beggarwood Community Centre,
Broadmere Road, Basingstoke,
RG22 4AQ



Look out for a Gloucestershire event coming soon!

WELCOME TO THE

EGGCITING EASTER EVENT

HOSTED BY FOSTERING SOLUTIONS SOUTH



An Easter event for all the family with an Easter egg hunt, games, crafts, lunch, drinks, cooking and more!

Thursday 21st April 2022

11am - 1:30pm

Poles Copse, Otterbourne, Winchester, SO21 2DZ

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Please contact the office on 01962 715511
or email: adminsouth@fosteringsolutions.com
or let your Supervising Social Worker know
to confirm numbers and if there are any dietary requirements.

www.fosteringsolutions.com

EASTER COMPETITION

Now that it is nearly Easter we are having a special competition. We would like you to decorate an egg.

Your egg can be decorated in any way you prefer. For example, you could choose your favourite super hero, pop star or movie character. You could turn it into an item of food, an animal or stick to adding pretty patterns. It can be decorated with anything you have available!

There are six prizes to be won and we will pick our favourite eggs which will be spread across all ages from 0-18 and we would love to have some carers enter too!! The prizes will be a fantastic cookbook and chocolate goodies. All entries will be shared in our next newsletter, on our Facebook page and receive a certificate.

Send a picture of your egg to your supervising social worker or to adminsouth@fosteringsolutions.com. Or you could drop it off at our Easter Event on the 21st April.

We look forward to receiving your entries!



What you need:

- egg (boiled, blown or a craft egg)
- decorating supplies-
paint/pens/stickers
- something for it to sit
on: a box/egg cup
- your imagination!



Easter Egg Hunt

How many Easter eggs can you find?



Now Colour Me In!

Mindfulness Colouring

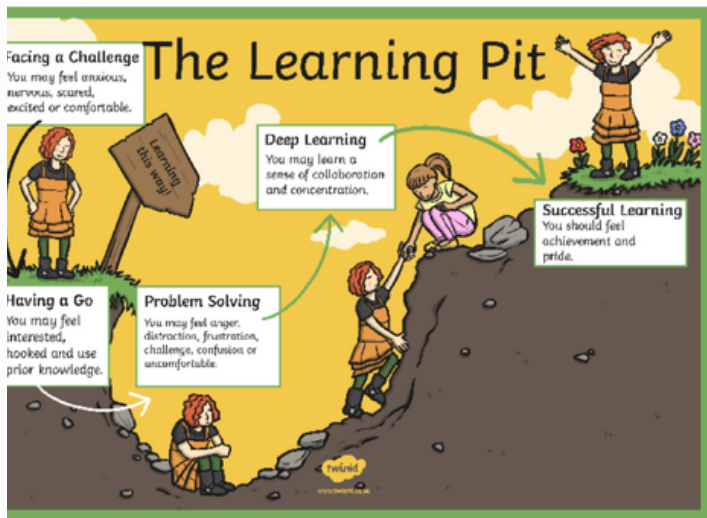
Easter can be a busy time- remember to look after yourself.



We want your thoughts



and ideas!



We would love to expand on our "Journey Through Care" display in the office. Do you have anything you have found challenging that you have managed to overcome? How did you feel? What helped? What successes have you had?

Contributions from children (including birth children) and carers would be great! Let's share our learning to help others.



We have been putting all your achievements so far into our pot of gold! We still need more of your fantastic achievements to add to the pot at the end of our "Dream Big" rainbow! We would love everybody's input!

So if you have achieved anything lately (no matter how small!) then please do let us know.



Lastly, if you have anything particular you want to add into future newsletters then do please let us know at adminsouth@fosteringsolutions.com!